

VSP Diabetic Eyecare Plus ProgramSM

The VSP Diabetic Eyecare Plus ProgramSM provides coverage of additional eyecare services specifically for members with diabetic eye disease, glaucoma or age-related macular degeneration (AMD). Eligible members can receive both routine and follow-up medical eyecare from their VSP doctor—the doctor who already knows their eyes best.



VSP Diabetic Eyecare Plus Program Summary

Specialty Eyecare Services

- The VSP Diabetic Eyecare Plus Program provides coverage of additional eyecare services specifically for members with diabetic eye disease, glaucoma or AMD, including:
 - medical follow-up exams,
 - visual field and acuity tests,
 - specialized screenings and diagnostic tests,
 - diagnostic imaging of the retina and optic nerve,
 - retinal screening for eligible members with diabetes.
- The program also provides supplemental¹ coverage for non-surgical medical eye conditions such as diabetic retinopathy, abnormal blood vessel growth on the eye (rubeosis), and diabetic macular edema.
- Members can self-refer², visit their VSP Provider as often as needed, and pay only a copay for services.

A Look at the Numbers

- Twenty-nine million Americans have diabetes. Of those, 90-95% have type 2 diabetes.
- Over 8 million people (more than 1 in 4) have diabetes and don't know it.
- Diabetic retinopathy is the leading cause of blindness among adults.
- Nearly 60% of all diabetes patients can expect to develop diabetic retinopathy within 10 years of their diagnosis.
- Glaucoma affects more than 2 million people in the U.S.
- Open-angle glaucoma is the leading cause of blindness worldwide.
- AMD affects nearly 2 million Americans, and it's estimated that AMD will strike 3 million people by 2020.

A Look at the Workplace

- Diabetes annually accounts for \$245 billion in total medical costs and lost work and wages, including:
 - 15 million work days absent,
 - 120 million work days with reduced performance,
 - 6 million reduced productivity days for those not in the workplace,
 - 107 million work days lost due to unemployment disability.

29 million

Americans have diabetes. Of those, 90-95% have type 2 diabetes.

1 in 4

people have diabetes and don't know it.

60%

of all diabetes patients can expect to develop diabetic retinopathy within 10 years of their diagnosis.

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A Look at the Costs

- Direct medical costs for diabetes in 2012 were \$176 billion, and medical spending for diabetes patients was more than twice as high as for those without the condition.
- The annual cost to treat a person with diabetes has more than doubled in the past 20 years.
- Direct cost avoidance of diabetic patients managing their disease versus those who are not is approximately \$4,300 a year.
- An individual with undiagnosed diabetes incurs \$2,864 every year in medical services and lost productivity from diabetes-related complications.
- Caring for patients with open-angle glaucoma costs an estimated \$1 billion annually.



Sources: American Diabetes Association; The Centers for Disease Control; Population Health Management; Medco Health Solutions Research; Diabetes Care; American Journal of Ophthalmology; Archives of Ophthalmology; bit.ly/1K8Oalc Diabetes Care, online

¹The VSP Diabetic Eyecare Plus Program pays secondary to other medical eye insurance coverage.

²Unless referral by a primary care physician is required by the health plan.