



2020 Biometric Screening Program

The Aim Medical Trust is proud to be partnering with Verve Health (Carmel, IN.) to provide Biometric Screenings onsite for our members. We believe in the value of these screenings and understanding your numbers. A biometric screening is a short health examination that can help to determine the risk level of a person for certain diseases and medical conditions and help to establish a health baseline. A typical screening will take place in about 15-20 minutes and consist of a blood draw (finger stick to test your HDL, LDL, Triglycerides, and Glucose) and other basic biometrics (BP, Height, Weight, BMI, and waist circumference). When you put all these measurements together, you can assess your risk for heart disease, stroke, and diabetes. These illnesses and health conditions can be prevented with early detection, which is why knowing your numbers is so important.

Program Outline:

- Aim Medical Trust participant employees enrolled in the plan are covered at 100% using Verve Health. Biometric Screenings are limited to one screening event per calendar year.
- If you choose to use a different vendor, The Aim Medical Trust will reimburse up to \$45 per participant employee enrolled in the plan. Your selected vendor must be able to transfer results into the Aim data warehouse.
- Screenings can take place anytime within the calendar year.
- Each Municipality is responsible for working with Verve Health directly on setting up your Biometric Screening
- The Aim Medical Trust will pay Verve directly for qualified services.