



2022 Biometric Screening Program

The Aim Medical Trust is proud to be partnering with Verve Health (Carmel, IN.) to provide Biometric Screenings onsite for our members. We believe in the value of these screenings and understanding your numbers. A biometric screening is a short health examination that can help to determine the risk level of a person for certain diseases and medical conditions and help to establish a health baseline. A typical screening will take place in about 15-20 minutes and consist of a blood draw (finger stick to test your HDL, LDL, Triglycerides, and Glucose) and other basic biometrics (BP, Height, Weight, BMI, and waist circumference). When you put all these measurements together, you can assess your risk for heart disease, stroke, and diabetes. These illnesses and health conditions can be prevented with early detection, which is why knowing your numbers is so important.

Program Outline:

- Aim Medical Trust **participant employees, spouses, and dependents (18-26 years of age) enrolled in the plan are covered at 100% using Verve Health.** Biometric Screenings are limited to one screening event per calendar year.
- Screening costs incurred by employees not enrolled in the plan will **not** be covered by the Aim Medical Trust. Wellness Credit dollars will be deducted from your yearly allocation to cover the cost.
- If you chose to use a different vendor, The Aim Medical Trust will reimburse up to \$45 per participant employee, Spouse, and dependent (18-26 years of age) enrolled in the plan. Reimbursement is contingent on the vendor transferring data to the Springbuk data analytics tool.
- Screenings can take place anytime within the calendar year.
- Each Municipality is responsible for working with Verve Health directly on setting up your Biometric Screening
- The Aim Medical Trust will pay Verve directly for qualified services.

Contact Jarrod Limbach for questions regarding the program.

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