

\$100 WELLNESS INCENTIVE

No matter your age or stage of life, annual wellness exams are essential to your ongoing health. Through Aim's \$100 wellness incentive reward program, municipal employees enrolled in the Aim Trust medical plan can earn a **\$100 gift card** for completing their annual wellness exam.

What do I need to do in order to receive the \$100 gift card?	Timing
Get your Annual Wellness Exam. Exams show progress on your current health journey and help prevent severe health conditions in the future.	Complete your annual wellness exam between January 1 and December 31, 2023, to receive your \$100 gift card.
Complete your Biometrics Lab Draw. Knowledge is power and we want you to know and understand your numbers and take preventative steps to ensure you stay healthy and well.	<i>You should receive your gift card around 90 days after your Annual Wellness exam.</i> <i>More details will be provided regarding gift card fulfillment in Q1, 2023.</i>

Cut this out and bring to your doctor!

The Aim Medical Trust is offering City and Town employees a \$100 gift card for completing their annual wellness exam and biometrics lab draw. Eligible CPT codes are as follows: 99385 – 99387 or 99395 – 99397

2023 Aim Wellness Incentive FAQs

City & Town Employees

Who is eligible to receive the gift card?

Employees that are enrolled in the Aim Medical Trust plan during 2023, obtain their annual wellness exam during 2023, and remain enrolled in the Aim Medical Trust plan when gift cards are distributed.

Are my family members on the Aim Medical Trust plan eligible for this gift card?

No, this program is only being offered to employees enrolled on the Aim Medical Trust Plan.

How much will I pay for my annual wellness exam?

All preventive visits are FREE if you visit an in-network United Healthcare provider, or your employer sponsored onsite or near-site clinic.

Can my annual wellness exam be conducted via a telehealth or virtual visit?

Annual wellness exams are typically performed in an office setting so you can be screened for specific risk factors, if necessary. Check with your provider to determine how they prefer to conduct your annual wellness exam.

Are Police and Fire “fit for duty” annual physicals included in the program?

The Aim Wellness Incentive program was developed to encourage employees to build a relationship with their primary care physician. While Police and Fire “fit for duty” annual physicals are an important requirement for service, they are not included in the scope of the Aim Wellness Incentive.

When will I receive the gift card?

If you complete your annual wellness exam between January 1, 2023, and December 31, 2023, you will receive your gift card approximately 90-120 days after you obtain your annual wellness exam.

How will I receive my gift card?

The Aim Medical Trust has selected Prizeout (<https://prizeout.com/>) as their virtual gift card administrator for this program. Prizeout provides a simplified user experience and gives municipal employees the ability to use locally owned merchants as well as national chains to redeem their virtual gift cards.

Approximately 90-120 days after obtaining your annual wellness exam, Prizeout will send an email to you which includes an access passcode and token to obtain your virtual gift card.

As Prizeout will distribute their virtual gift cards via email, it is critically important that you have an updated work email address with your local municipality. Please contact your local Human Resources team to ensure this is up to date.

If you do not want to provide your email address, you will not be eligible for the Aim Wellness Incentive.

More detail regarding Prizeout and what to expect will be coming in the first quarter of 2023.

Why is the Aim Medical Trust offering this incentive?

Annual wellness exams are essential to your ongoing health. Research has shown that engaging with a primary care physician improves long-term health and reduces cost in the healthcare system. The Aim Medical Trust is focused on delivering programs to our municipal employees that will reward positive health behaviors.

Where can I learn more about the program?

Please contact your Municipal Human Resources team for further questions.

